

Competition Entry Forms

Competitors Name Age Height (cm) Weight (kg)

Please indicate - Licence Number Expiry Date

Instructor Club Belt Colour / Grade

The cost of entry for competitors is £10 for 1 division or £15 for 2 (1 sparring, 1 patterns) – please specify!

Category (Tick box)

<input type="checkbox"/> Patterns	<input type="checkbox"/>	<input type="checkbox"/> Sparring	<input type="checkbox"/>
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Please see Rules and Regulations for more details

I wish to enrol as a competitor in the forthcoming championships and accept that if this application is partially or incorrectly completed, it may forfeit my right to compete. I clearly understand that my participation in the event is entirely at my own risk, with or without specified equipment requirements, and confirm that I hold a valid Martial Arts Insurance with my current School or Association. I certify that the facts stated are correct, that I am fit to take part in the event and that I will accept the result of the officials' board.

Competitors Signature _____

Parent/Guardians Signature _____
(if under 18)

If you suffer from any minor conditions i.e. asthma etc. please ensure appropriate measures are taken.

Please complete and return this form before 26/10/08...

Rules Regulations and Divisions

Patterns

There will be 22 patterns divisions, 11 for competitors aged between 5-13 years and 11 for competitors aged 14+ . Competitors will have a choice of pattern, the one they have recently graded on or their new pattern, as the attached sheet suggests.

Preference/advantage will not be given in scoring for choice of pattern so please ensure you perform the one you feel most comfortable with or are best at!

Three judges will mark patterns on a set criterion; score for all grades will start at 5 – range being 4.5 to 5.5, the average score of three is taken forward. The competitor with the highest score wins a 1st place trophy and second highest a 2nd place trophy.

Sparring

- ALL POINTS (SEMI CONTACT!)

The individual sparring will consist of 24 divisions, as shown on the attached sheet – divisions are subject to change as the numbers of event competitors may vary.

Equipment that must be worn: -

- Gloves
- Boots
- Head guard
- Gum shields, groin and shin guards

N.B. - No glasses – please wear contact lenses or face protector



POINT-STOP

Rounds will last 1 min 30 secs or until the first person reaches 20 points.

Points scoring areas: -

- 1 point - Hand technique - head/body
- 2 points - Kick to body
- 3 points - Kick to head

If at the end of the 1 min 30 secs the scores are level, 30 secs overtime is to be fought – max of 3 overtime rounds. If a winner still has not been determined first clear point winner system will decide the bout.

Trophies will be given for 1st and 2nd place.

Warnings and points will be deducted for: -

- Heavy contact
- Repetitively leaving sparring areas
- Grabbing, tripping, sweeping
- Striking to a non-scoring area!

Points deduction and disqualification is completely at the referees discretion

PLEASE NOTE –

Random checks will be made on competitor's height and weight so ensure correct details are submitted!

The Officials reserve the right to **join or overlap divisions** - minimum of 4 competitors needed in each category

The referees/umpires decision is **FINAL!**

And finally the most important rule of all – **ENJOY YOURSELVES!**

Keep this form for your
reference ...

Division	Category				Division	Category			
Patterns 5-13 Korean Forms	1	White	10 th	4-Directional Punching	Sparring Girls 5 – 15	23	Under 140cm	White – Green 10 th to 6 th Kup	
	2	Orange	9 th	4-Directional or Chon-ji		24	141 – 160cm		
	3	Yellow	8 th	Chon-ji or Dan Gun		25	161cm +		
	4	Green-tag	7 th	Dan Gun or Do San	Sparring Girls 5 – 15	26	Under 140cm	Blue-tag – Black 5 th Kup to dan grades	
	5	Green	6 th	Do San or Won Hyo		27	141 – 160cm		
	6	Blue-tag	5 th	Won Hyo or Yul Gok		28	161cm +		
	7	Blue	4 th	Yul Gok or Joon Gun	Sparring Boys 5 – 15	29	Under 130cm	White – Green 10 th to 6 th Kup	
	8	Red-tag	3 rd	Joon Gun or Toi Gye		30	131 – 145cm		
	9	Red	2 nd	Toi Gye or Hwa Rang		31	146 – 160 cm		
	10	Black-tag	1 st	Hwa Rang or Choong Moo		32	161cm +		
	11	Black	Dan (s)	Choice black-belt	Sparring Boys 5 – 15	33	Under 130cm	Blue-tag – Black 5 th Kup to dan grades	
12	White	10 th	4-Directional Punching	34		131 – 145cm			
13	Orange	9 th	4-Directional or Chon-ji	35		146 – 160 cm			
14	Yellow	8 th	Chon-ji or Dan Gun	36		161cm +			
Patterns 14 + Korean Forms	15	Green-tag	7 th	Dan Gun or Do San	Ladies Sparring 16 +	37	Under 65kg	White-Green 10 th to 5 th Kup	
	16	Green	6 th	Do San or Won Hyo		38	Over 65kg		
	17	Blue-tag	5 th	Won Hyo or Yul Gok	Ladies Sparring 16 +	39	Under 65kg	Blue-tag-Black 4 th Kup to dan grades	
	18	Blue	4 th	Yul Gok or Joon Gun		40	Over 65kg		
	19	Red-tag	3 rd	Joon Gun or Toi Gye	Gents Sparring 16 +	41	Under 75kg	White-Green-tag 10 th to 7 th Kup	
	20	Red	2 nd	Toi Gye or Hwa Rang		42	Over 75kg		
	21	Black-tag	1 st	Hwa Rang or Choong Moo		43	Under 75kg	Green-Red-tag 6 th to 3 rd Kup	
	22	Black	Dan (s)	Choice black-belt		44	Over 75kg		
	PLEASE REMEMBER – The organising Officials reserve the right to change or combine divisions.					45	Under 75kg	Red-Black 2 nd Kup to dan grades	
						46	Over 75kg		